

**High Spen Blue Diamonds**, Gateshead, Tyne & Wear (UK)

*Year founded:* 1926 *Gender:* men *Organization(s):* Morris Ring (associate member) *Dance type(s):* rapper sword *Tradition(s) / style(s):* High Spen

*Primary contact:* Ricky Forster (Tel.: +44 191 4102157; Email: [bob@highspen.org.uk](mailto:bob@highspen.org.uk)) *Practice Day & time:* Tuesday at 19:30-21:00

*Web site:* <http://www.highspen.org.uk> *Web site maintainer:* Bob Wilson ([bob@highspen.org.uk](mailto:bob@highspen.org.uk))

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